

UNITED STATES DISTRICT COURT  
EASTERN DISTRICT OF WASHINGTON

UNITED STATES OF AMERICA, ) Case No. 2:21-cr-00049-WFN-1  
)  
Plaintiff, ) January 24, 2023  
) Spokane, Washington  
vs. )  
) Sentencing Hearing Excerpt -  
RONALD CRAIG ILG, ) Defendant's Allocution  
)  
Defendant. ) Pages 1 - 23

BEFORE THE HONORABLE WM. FREMMING NIELSEN  
SENIOR UNITED STATES DISTRICT COURT JUDGE

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Proceedings reported by mechanical stenography; transcript  
produced by computer-aided transcription.

1 (Previous proceedings in the Hearing on January 24,  
2 2023, were reported but not requested to be transcribed.)

3 THE COURT: Dr. Ilg, anything you want to say? I'm  
4 anxious and most willing to hear from you. Come on up.

5 THE DEFENDANT: Your Honor.

6 THE COURT: Good afternoon. It's now afternoon.

7 THE DEFENDANT: It's now afternoon. Thank you for the  
8 opportunity for me to -- sorry.

9 THE COURT: Make sure you use the microphone, Dr. Ilg.

10 THE DEFENDANT: I will. This is going to be very  
11 difficult for me. What I did was horrible. The messages I  
12 wrote were -- I can't even wrap my mind around what I did. I  
13 truly can't. And what I can't truly come to grips with is how I  
14 hurt so many people, the people I love the most, people I still  
15 love and still care for; a respected colleague and friend,  
16 former friend; my now ex-wife, somebody I loved with all my  
17 heart and all my soul, everything that I had, and I hurt her. I  
18 scarred her. It's hard for me to call her Witness 1. I loved  
19 her, too. I loved them both, and maybe that's wrong. Maybe  
20 it's wrong to love two people at the same time as much as I did,  
21 but I did, and I still love them both, and I still care for  
22 them. I will carry that cross with me every day.

23 Over the last 21, 22 months, we're locked down for 22 hours  
24 a day of 24 hours a day. We get maybe an hour or two hours out  
25 every day. That gave me a lot of time to think about what I did

1 and who I hurt; and believe me, I know it -- the ripple effect  
2 went far beyond just the victims and Witness 1, far beyond that,  
3 and I recognize that. And I will never be able to say I'm sorry  
4 to everyone in the way that I want or feel. Saying I'm sorry is  
5 just like dropping a stone in the ocean. It's not enough.

6       If -- if one could open up and see how I feel, what my  
7 heart says, what's in my soul, I think people would understand  
8 that my despair for what I did and how I hurt people would be  
9 not just a stone that's dropping in the ocean. It would be like  
10 a giant land mass because of the amount of pain that I know that  
11 they went through that I caused. I don't go through a day -- I  
12 don't go through an hour per day -- every hour of the day almost  
13 constantly thinking about what I did and how I hurt them, and I  
14 can't take that back.

15       Every day, I wish that I could just ball up everything  
16 that -- all the agony and pain that they went through and take  
17 it and put it in a big ball for each one of them and me -- and  
18 let me carry it and let them be at peace. And I'm thankful that  
19 each one of them came up and spoke today. I'm thankful that  
20 they were able to come up and show the resilience and the  
21 bravery to be able to come up and discuss how they felt and  
22 share that with me because that will always be with me always.

23       Over the last 22 months or so, I've tried to put myself in  
24 their shoes, tried to feel what they felt, and there's no way  
25 that I could get even close to what they must have felt. But

1 one thing that I started to do as kind of a ritual for me is my  
2 morning devotion. I have a Catholic devotional reader that I  
3 read every morning and in the evening. And rather than reading  
4 it for myself, I've read it for them, put myself in their shoes,  
5 and it helps me to understand a little bit better where they're  
6 at and what they went through.

7 And I want -- I just tore the one out this morning, and I  
8 just want to read what -- a piece -- a piece of what it -- and I  
9 want -- and when I read it, I read it as if I'm Victim 1, Victim  
10 2, or Witness 1. I read in small part, and I tried to put  
11 myself in their shoes.

12 This is from Psalms. "With my voice, I cry to you, oh  
13 Lord. With my voice, I entreat you, oh Lord. I pour out my  
14 trouble before you. I recount to you all my distress while my  
15 spirit faints within me."

16 That's maybe a small portion of how they feel every day,  
17 and I caused that. I caused that. Again, I can't -- I can't  
18 wrap my mind around what I did or why I did it. I want to talk  
19 about that a little bit, why, because people are asking how did  
20 I get to where I was. How did I get to that point? I know  
21 Mr. Oreskovich kind of went over some parts of that, and I want  
22 to -- I want to talk about it in a way of what was going on  
23 within me because it's -- because it was more than that.

24 Growing up -- Mr. Oreskovich referred to growing up, and I  
25 was one of eight. We grew up in rural Oregon. And becoming a

1 physician was always a dream for me, always a dream, and I was  
2 discouraged from trying to reach that dream because when you  
3 live in rural Oregon, it's not very often that somebody achieves  
4 that sort of a dream, but I did. Remarkably, I did. It was a  
5 miracle.

6 I got into medical school, actually, my second time. First  
7 time, I didn't make it. First time, I didn't make it. But I  
8 went up and talked to the dean at OHSU. I asked him how can I  
9 -- what do I need to do? He directed me, and I did those things  
10 that he asked; and miraculously, I made it into medical school  
11 the next year, graduated, went through residency, and, like  
12 Mr. Oreskovich mentioned, I practiced general pediatrics for  
13 about four years, and then I went back and became a  
14 neonatologist.

15 I loved being a general pediatrician. I loved the  
16 relationships with the parents and their kids, but I wanted  
17 something more. I wanted something that had more -- it was just  
18 more active and more intellectually stimulating, and I liked the  
19 intensive care setting, and so that's what I did. I had a job  
20 in Portland already lined up after I graduated, but I came out  
21 to Spokane instead, came out with -- my wife at the time was  
22 Correna.

23 And Correna and I found our roots in Spokane, and I became  
24 rooted in the community pretty quickly; and within the group, I  
25 -- I found a -- my own niche and moved up fairly rapidly as far

1 as leadership. And eventually, I took over the helm of the  
2 group and -- where I was a group leader for seven -- about seven  
3 years.

4 And again, forgive me for just kind of struggling with my  
5 words. I didn't make a prepared statement. I just wanted to  
6 just speak from the heart and -- because I think not just the  
7 Court but I think the victims need to hear from my heart and  
8 not --

9 THE COURT: Bend the microphone up a little bit.  
10 Yeah.

11 THE DEFENDANT: Is that better?

12 THE COURT: So everybody can hear you better. Right.

13 THE DEFENDANT: Okay. So I wanted to speak from the  
14 heart. I wanted to not have a prepared statement. I just  
15 wanted to just share with you what I was feeling and -- and what  
16 happened.

17 So Correna and I divorced, but we kept the orchard  
18 together. She had two boys from a prior relationship that I  
19 raised, and then we had Benjamin between us. Benjamin now just  
20 graduated from basic training, and now he's jumping out of  
21 airplanes, learning to be a paratrooper and is going to be  
22 stationed in Italy soon.

23 THE COURT: I read the letter he wrote.

24 THE DEFENDANT: I'm very, very proud of him. I'm  
25 proud of all my boys. Ryan and Jared, very strong boys, and I'm

1 happy with how they how they turned out.

2       When J.P. and I got together after my divorce from Correna,  
3 I thought I had found the woman of my dreams, and she was  
4 absolutely the woman of my dreams. I loved her, loved her with  
5 everything I had; and again, I still do love her very much. She  
6 brought her boys into our relationship, and she was right in  
7 that we dated for quite a while because I wanted to ensure that  
8 her older boys and our boys would all get together and that this  
9 mixed relationship, this mixed family, would get together and be  
10 stable.

11       And when we brought her boys into my family, I treated them  
12 as my own. I loved them just like my own. P., P. struggled --  
13 sorry, I'm using his name -- and such a good kid; both of them,  
14 just amazing boys. I wanted to help them as much as I could. I  
15 was prepared to and wanted to help him go in -- to do well in  
16 school. In fact, I was going to put him into G. Prep., too.  
17 Ben was going to G. Prep., and I wanted -- and so I brought them  
18 in. I treated them and loved them just as much as I did my own  
19 kids.

20       And then one of the best days of my life happened when L.I.  
21 was born, our son. It was the most glorious day of my life.  
22 And I remember J.P. was getting cleaned up, and I took -- I took  
23 our son into the nursery, gave him his first bath, put his first  
24 diaper on, and then I put his onesie on, his first onesie, and  
25 his onesie had his name across it. We hadn't picked out his

1 name yet. J.P. had a preference, but she didn't -- she didn't  
2 know what name.

3 And I put the onesie on that had his name across it and  
4 brought him back into the room and laid him down onto her chest,  
5 and I said, "This is L.C.I." And when I said the middle name,  
6 C., I was looking at -- at Victim 2's dad, and he burst into  
7 tears, and we all cried together because we had chosen -- chosen  
8 the middle -- his middle name as his (sic) dad, C.

9 J.P. went into postpartum depression. She'd had postpartum  
10 depression based upon what I'd talked about and seen before, and  
11 she was having postpartum depression with L.I., too. We  
12 struggled through that. The beginning of 2019, L.I. was almost  
13 two.

14 And, yeah, we did practice the dominant-submissive  
15 lifestyle, and I want to talk about that a little bit. We  
16 started that a year after -- about a year after we had met, and  
17 I talked to J.P. about what that meant. And I remember the day  
18 that we talked about it, and she -- I remember exactly what she  
19 said. She said she was happy that that -- that I would take  
20 that leadership role because she was tired of raising three  
21 boys, meaning her two boys plus her husband. So she was happy  
22 to take that position where she didn't have to be in the  
23 leadership role, that she could be comfortable as the -- as in  
24 the supporting role as my first mate.

25 And so beginning of 2019, the group was doing great as far



1 as -- as far as how the group -- and we were a well-recognized  
2 group throughout the region, and the group was happy with how  
3 things were going.

4 And J.P. and I were struggling as we -- as she was coming  
5 out of her postpartum depression. As J.P. had mentioned --  
6 sorry, I'm using her name again. As Victim 2 mentioned, we had  
7 started to become involved with the dominant-submissive groups  
8 that are here in town and around the area. Those groups are  
9 very, very large. Thousands of people are part of the -- part  
10 of that dominant-submissive society. And J.P. started making  
11 relationships and finding people within there that she -- that  
12 she resonated with.

13 At that point in time, we had decided to bring another  
14 woman into the relationship, and J.P. courted several different  
15 women. She went out on her own and courted several different  
16 women. And eventually, we met M. -- sorry, I'm using her name  
17 again. Sorry. I'm just -- I'm just so accustomed to that.

18 MR. BARKER: Your Honor, I would ask that that name be  
19 redacted from the transcript.

20 THE COURT: Yes, it should be.

21 THE DEFENDANT: Sorry.

22 So we met Witness 1, and she became a part of our  
23 relationship, and both of them enjoyed each other and enjoyed  
24 each other's company, and both of them told me that they loved  
25 each other and loved me. Witness 2 had told me more than once

1 that she had loved me more than anybody that she had ever loved  
2 in her life and that she had never experienced that kind of love  
3 before. Those are the same words that I heard from J.P. -- from  
4 Victim 2 before as well.

5 In the spring of 2019 is when things started to crash.  
6 From out of the blue, an HR investigation was launched that I --  
7 it was just out of the blue. I had no idea where it came from  
8 or why it happened. And I was initially very confident that --  
9 because there was nothing that I could recall or recognize that  
10 I had done anything that was wrong, and I was confident and  
11 mostly concerned that we would come through it and that the  
12 group would come through it, and we'd continue to be a strong  
13 group. Other allegations continued to come through, and the  
14 allegations that -- during the actual HR investigation, the --  
15 after the interviews, after the investigation, everything  
16 changed.

17 The interviews were -- just as an example, one of the nurse  
18 practitioners, she -- I've known her for 17 years, worked with  
19 her for 17 years. She was my mom at work. We loved each other.  
20 We had a great -- great working relationship. After her  
21 interview, she wouldn't talk to me. She wouldn't even look at  
22 me, and I had no idea why. I had no understanding what was  
23 happening.

24 Another friend, after her interview, the next morning, we  
25 had a meeting; she wouldn't look at me. She wouldn't pay any

1 attention to me. She -- and I -- later, I found out that the  
2 investigation itself was much more involved than this final  
3 report, which, again, I just saw for the very first time last  
4 night and read through for the very first time.

5       The -- I'd learned that the actual nature of the -- of the  
6 investigation was very inflammatory and very -- it was directed  
7 towards my dominance and my lifestyle and who I am as a -- and  
8 my sexual identity, and that's -- that's what people I don't  
9 think truly understand is it's not something I chose. It is who  
10 I am as a dominant. It's just part of who I am.

11       And so the investigation -- after the investigation, the  
12 actual nature of the -- the full nature of that investigation  
13 was broadcast through the medical community almost overnight;  
14 and not only was I ostracized from our group, I was ostracized  
15 entirely from the medical community as well. I was demoted. I  
16 was thereafter for the next -- again, the investigation happened  
17 in the spring of 2019. I wasn't fired until about a year-and-a-  
18 half later.

19       The investigation itself essentially came to nothing. It  
20 says unsubstantiated or partially substantiated, but essentially  
21 the investigation didn't really come to -- but what it did do is  
22 it completely ostracized me from everybody and everything that I  
23 knew. I had been the group leader for seven years; and one day  
24 and one morning, I woke up, and all the people that I thought  
25 were my friends were now accusing me of things that I didn't do.

1 Twisted truths and lies ruined my reputation, ruined who I was  
2 as a person. From there on forward within the group for the  
3 next year-and-a-half, I was ridiculed. I was pushed into the  
4 corner and ignored as a -- as a human being and as a physician.

5 And then -- and along those same lines, Victim 2, she moved  
6 out in June, June of 2020, June, July. So as this -- as this  
7 was playing out at work, my relationship with the woman that I  
8 loved was falling apart as well. Then when she moved out, I was  
9 -- I was devastated. I was trying to keep my head above water.  
10 I was truly, truly trying to keep my head above water, trying to  
11 understand what happened at work, trying to understand why the  
12 woman that I loved left me.

13 I had the support of Witness 1. She was still there, but  
14 to be honest, she was struggling and we were struggling because  
15 I couldn't let go and truly, truly let go of Victim 2 because of  
16 how much I loved her; and Witness 1 recognized how much I  
17 struggled with the loss of losing that relationship, and that  
18 was really hard for her to see.

19 And then throughout that time, the corporate office kept  
20 reassuring me that I wasn't going to lose my job. There were  
21 contract negotiations going on between MedMax and Providence at  
22 the same time; and I was told by the CEO of Sacred Heart  
23 Hospital, Mike Barsotti, who is a friend of mine, and then also  
24 the vice president of MedMax, that my pink slip was attached to  
25 the contract negotiations. They tried to reassure me they were

1 going to fight that and fight that I wouldn't lose my job, and  
2 they kept reassuring me through the year, but their fight wasn't  
3 successful because I was fired December 8th of 2020, right  
4 before Christmas in the middle of a pandemic, right before the  
5 group bonus was to come out.

6 I was barely keeping my head above water when I was called  
7 to the office, and I walked into the office. My best friend was  
8 sitting there, Dr. Wilson, and she was crying, and tears were  
9 streaming down her face, and I knew what was about to happen.  
10 Now, losing your job, sure, is -- lots of people lose their job.  
11 I understand that. But this isn't just losing your job. This  
12 is losing your family.

13 I had almost twenty years of a spotless medical career, and  
14 the best way that I can describe it is it's not an uncommon day  
15 where I'd go into work, show up at 8:00, 8:30 in the morning,  
16 with the idea that I was going to be on-call that day, probably  
17 work 24 to 30 hours, hopefully get a little sleep. When you're  
18 called to a delivery in the middle -- right as soon as you get  
19 there, a delivery where the -- it's just a disaster. The baby's  
20 very, very sick. The baby aspirated, has got a chemical burn to  
21 the lungs, is very sick.

22 And so I'd park myself at that bedside for the next 24 to  
23 30 hours, and I'd park myself at the bedside not just by myself;  
24 I was there with my team, the nurses, the therapists, the  
25 housekeepers, cafeteria staff, administrators. We're all part

1 of that team, and we're all working together minute by minute,  
2 second by second, trying to maintain and -- because this baby  
3 represents not just a life. It represents hope, aspirations,  
4 and dreams for the parents as well. And so I'd sit there day by  
5 day, day by day, minute by minute, helping and working with the  
6 team to keep this baby alive.

7 And so this just -- this is -- so you develop these  
8 relationships and these bonds that are very, very close;  
9 battlefield friendships is what I call them because you're in  
10 the front lines, and you're trying desperately to work as a team  
11 to keep this baby alive. And with that team, you cry. With  
12 that team, you cry with the parents when the babies don't make  
13 it. More often than not, you're laughing and you're  
14 experiencing joy because you were able to save that baby.

15 And so to be fired after almost 20 years -- almost 20 years  
16 of a spotless medical career was not just losing my job; it was  
17 losing my other family. And at that point, having barely been  
18 able to keep my head above water, at that point, I was sinking.

19 Victim 2, on a couple of occasions, she had it right. I  
20 was unravelling, not just my life, but everything was  
21 unravelling. And there -- and I heard -- one of the victim  
22 statements was that on the outward side, I can maintain my  
23 composure. That's absolutely true. When you're in an ICU, you  
24 have to be able to maintain your composure. But inside, I was a  
25 -- I was in total chaos. I had contemplated suicide, and I

1 looked very strongly at that, and that's when I went on the dark  
2 web to actually look for that initially, but then things  
3 evolved.

4 And I can recall one moment when I was talking with my  
5 psychologist, and I mentioned to her kind of in passing, I  
6 said -- I said, "There's almost like there's two of me, and I  
7 don't understand what's happening," but that was near the end of  
8 the visit, and -- but that's what it felt like. I was drowning,  
9 and I was -- everything was just out of my control. Everything  
10 was out of my control.

11 And there was this part of me, this other part of me, that  
12 was just grasping for control of anything that I could get ahold  
13 of, and then there was this rational part of me that was  
14 watching this other part. And I know it doesn't make sense and  
15 it doesn't -- but it was like I was watching myself in a role or  
16 in a play or some sort of a fantasy world. And I was spending  
17 all this money, and I didn't understand what was happening. It  
18 didn't seem like real money. It seemed like Monopoly money.

19 The rational part of me was just like -- but then this  
20 other part of me was grasping for control and writing these  
21 horrific, horrible, horrible things, messages that make my  
22 stomach turn just thinking about those things that I wrote. And  
23 again, I want to emphasize that this is not an excuse. In no  
24 way does it detract from my personal responsibility because I  
25 recognize that we all end up at forks in the road, and sometimes

1 we end up at a fork in the road that we weren't necessarily  
2 expecting in life.

3 I chose a fork that was a destructive, hurtful, horrendous  
4 fork that hurt lots of people. That was my choice and my choice  
5 alone, and I understand that. I bare complete responsibility  
6 for that. But I wasn't expecting to find myself at that fork,  
7 but I did, and I took the wrong direction absolutely.

8 In April, I went to Mexico with Witness 1 and her kids, and  
9 that's when a lot of these messages were being -- or had been  
10 generated, right around then. We were having a wonderful time,  
11 great time. And around that same time, on the messages, the  
12 whole deal kind of fell apart. Nothing had been solidified as  
13 far as what was happening on the web. Nothing had been  
14 solidified. The deal just kind of disintegrated.

15 And while I was in Mexico, there were two unexpected  
16 meetings that I had. One was at dinner. We had been called to  
17 go to a dinner and had a reservation for a dinner, and the  
18 waiter was a new waiter that I had never met before. And it was  
19 a resort, all-inclusive resort. You get to know most of the  
20 people there pretty quickly.

21 This is a waiter that I had never met before. And he said,  
22 "Dr. Ilg, what a beautiful family you have. What a beautiful  
23 family you have." He was taking everybody's order, and he came  
24 to me and he whispered in my ear. He said -- he said, "Why are  
25 you trying to hire us when you have this beautiful family?" And



1 I looked at him, and I said, "Love." That was all I said.

2 And then the next day, the kids and their mom were playing  
3 down at the beach, and I was walking down to meet them, and I  
4 got called -- there was a Catholic priest that was in the  
5 courtyard, and the Catholic priest said, "Dr. Ilg, can I speak  
6 with you for a minute?" I was surprised because I wasn't  
7 expecting a Catholic priest to know who I was. And we talked.  
8 We talked for about an hour or a little more than an hour, and  
9 then he blessed me with the sacrament of reconciliation or  
10 confession.

11 And he said -- he said, "Rather than doing your typical Our  
12 Fathers and Hail Marys for your penance, I want you to do  
13 something different." He said, "I want you to go down towards  
14 the beach, and I want you to stand in the palm trees right there  
15 near the beach, and I want you to just notice what that apparent  
16 waiter noticed last night," and so that's what I did.

17 So I went to this, and I stood in the palm trees, and I  
18 just watched; and I watched the girls, and I watched their mom  
19 playing in the surf and how much fun they were having, how  
20 beautiful they were and how much I loved them, and I saw what  
21 the waiter saw, my future right there. That was my future, and  
22 so I abandoned everything at that point.

23 I knew that the deal had messed up. It was gone, and so I  
24 just let everything go. I just let it go. I didn't go back on.  
25 I didn't go back on to say, "Hey, the deal's off." I just let

1 it go, completely abandoned it. And then the next couple of  
2 days were the best days of my life, just wonderful days. It was  
3 like a heavy, heavy weight was lifted from me. But I knew I  
4 just needed a week or two weeks just to get past it all, right?

5 I was worried that M. -- sorry, Witness 2 -- Witness 1  
6 would -- knew something or had found out something and was going  
7 to tell Victim 2 about it and that they would confront me or  
8 something. And so I had plotted out on my phone an excuse of  
9 what -- let's not call it an excuse -- a lie -- let's call it  
10 what it is -- to say this is what I was doing because I just  
11 needed a week or two just -- just for the -- for the darkness of  
12 the dark web to just swallow it up and it just all disappear  
13 because I just wanted it all just to disappear. And that other  
14 person, that second me that was -- he disappeared just as soon  
15 as -- after -- after I came to this realization that this was my  
16 future, and I just needed a week or two. That was it.

17 I wasn't expecting to be interviewed by the FBI when I hit  
18 the airport in Spokane, but I was, and so I panicked and used  
19 that lie to somehow hope and pray that I could try to get out  
20 from underneath the horrific messages and the things that I'd  
21 done and put on the web that I did never expect to come to  
22 light. That rational part of me never really believed that it  
23 would ever really amount to anything.

24 And then that night when I got dropped off by the FBI at my  
25 house by myself, I was entirely alone. I had nothing. I didn't

1 have my phone. I didn't have anybody to call. And I was  
2 embarrassed, and I felt horrible about what was about to happen  
3 because I knew -- I knew the pain that I was going to cause all  
4 these people, and I didn't want that. I didn't want them to be  
5 hurt, none of them. And so I took all those pills because I  
6 wanted to save them from all that pain, but it wasn't to be.

7 And so I remember waking up in the hospital, and that week  
8 in the hospital was -- it flew by, and then I was arrested as  
9 soon as I was discharged. The psychiatrist said that I should  
10 have two weeks, two weeks of inpatient treatment upon discharge,  
11 and I told the psychiatrist that wasn't going to happen. I was  
12 going to get arrested and -- but someone determined that the  
13 treatment at Spokane County jail was the same kind of treatment  
14 that I was going to get at the -- at the inpatient treatment.

15 I was arrested in my room at the hospital and paraded  
16 through the hospital that I worked at for almost 20 years. And  
17 then when the doors closed at Spokane County jail, you're  
18 entering a nightmare, because it is a nightmare there. I was  
19 put into a cell after being stripped and given some jailhouse  
20 garb under suicide watch; so I was in an 8-by-15 cell, almost  
21 two weeks without being released, without getting any time out,  
22 because I was being watched for suicide.

23 The first weekend there was -- was sure terror and hell. I  
24 was put on 2 West, and 2 West is where they put all the people  
25 that are undergoing detoxification. I cried for the screams and

1 the pain and agony that was happening around me. These people  
2 with diseases were being locked into these cages and then just  
3 allowed to just go cold turkey, and they were just screaming in  
4 pain and agony. At one point -- at one point -- again, when  
5 you're going through these acute withdrawals, they're throwing  
6 up; they're having diarrhea.

7 THE COURT: You know, I'm not sure we need to get into  
8 that.

9 THE DEFENDANT: So the reason I'm trying -- I'll move  
10 forward in that -- with that --

11 THE COURT: I understand the time at Spokane County  
12 jail is hard time. I'm well aware of that.

13 THE DEFENDANT: I'll move forward to the letter  
14 because I want to get to the letter.

15 THE COURT: Yeah, let's move on.

16 THE DEFENDANT: So I get -- so the medication they had  
17 me -- they had upped my medication dose, and I was having severe  
18 -- severe side effects from the medication that they had put me  
19 on in the hospital. It wasn't able to sleep at all, and so I  
20 was sleeping very little, and I hadn't seen any provider at all.  
21 And so in that period of time, I started weaning myself off the  
22 medication because the side effects were just so bad, and that's  
23 when I wrote that letter to Witness 1. I wrote that letter out  
24 of desperation. I wrote that letter out of hope.

25 Her and I had -- we were engaged. She had an engagement

1 ring. We were planning on getting married. We considered  
2 ourselves that we were married in heart -- in our heart and  
3 mind, and we would have been married had she gone through and  
4 finished her divorce, but it had been slowed down. And so --  
5 and so I wrote that letter out of desperation and hope because I  
6 truly believed that our future was together. I truly believed  
7 that she truly did love me as much as she had told me, but maybe  
8 I was wrong.

9 THE COURT: Well, you've explained your situation  
10 going up to the time that you committed these crimes by  
11 contacting the dark web, and I'm not sure that we need to go in  
12 great detail to what has happened since then unless you think  
13 it's necessary.

14 THE DEFENDANT: No, Your Honor, I don't. I don't.  
15 The only piece of it that I want to just say is that I'm not the  
16 monster that people have -- have portrayed me as. I just want  
17 to end by just one more time just saying how sorry I am to each  
18 one of the victims. And truly every day, I've not cried  
19 alligator tears. I can tell you that. They're real true tears,  
20 and -- and it goes beyond that.

21 I feel horrible for what I did to my sons. I feel horrible  
22 to what I did to my family, to their family, to all the  
23 families. I feel horrible for the scars that it created. And  
24 as a physician who's held to a little bit of -- to a higher  
25 standard, I feel horrible to the community, and I -- and I

1 apologize to everybody for what I've done, and I know that what  
2 I did was wrong. And again, I wish I could say I'm sorry to  
3 everybody. And so thank you for the opportunity of reaching out  
4 and saying -- and being able to apologize to everybody that I  
5 could. Thank you.

6 (Further proceedings in the Hearing on January 24,  
7 2023, were reported but not requested to be transcribed.)

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C E R T I F I C A T E

I, ALLISON R. ANDERSON, do hereby certify:

That I am an Official Court Reporter for the United States District Court for the Eastern District of Washington in Spokane, Washington;

That the foregoing excerpt of proceedings was taken on the date and place as shown on the first page hereto; and

That the foregoing excerpt of proceedings is a full, true, and accurate transcription of the requested proceedings, duly transcribed by me or under my direction.

The conversion of certain names to initials in the transcript was done to comply with Federal Rule of Criminal Procedure 49.1.

I do further certify that I am not a relative of, employee of, or counsel for any of said parties, or otherwise interested in the event of said proceedings;

DATED this 14th day of March, 2023.



ALLISON R. ANDERSON, RMR, CRR  
Washington CCR No. 2006  
Official Court Reporter  
Spokane, Washington